

East Haddam Senior Center

November 2025

Mon	Tue	Wed	Thu	Fri
3 8:15 Pilates 12:00 B.P. Clinic	4 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	5 8:15 Pilates 9:00 Casino 10:00 Coloring 12:30 AARP Driver Safety Course	6 9:00 Tai Chi 10:00 Knitting 10:30 Exec. Mtg. 10-12 Computer Help 1:00 Arts & Crafts	7 8:15 Pilates 1:00 Game Day
10 8:15 Pilates 1:00 Club Mtg.	11 CLOSED! Veterans Day...  Thank You for Your Service	12 8:15 Pilates 8:15 Mystery Breakfast 9:00 Medicare Open Enroll. 10:00 Coloring 1:00 Wii Bowling	13 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Arts & Crafts	14 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
17 8:15 Pilates 1:00 Movie	18 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	19 8:15 Pilates 9:00 Medicare Open Enroll. 10:00 Coloring 10:00 Red Hats 12:00 Sen. Res. Prestn. 1:00 Wii Bowling	20 9:00 Tai Chi 10:00 Knitting 10:30 C.O.A. Mtg. 10-12 Computer Help 1:00 BINGO	21 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
24 8:15 Pilates 1:00 Jam Session	25 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	26 8:15 Pilates 10:00 Coloring 1:00 Wii Bowling	27 CLOSED! Happy Thanksgiving 	28 CLOSED!